



ANNEXURE A

SUMMARY OF EVALUATION FORMS

MBSA PEER EDUCATION REFRESHER TRAINING – 2011

Subjects: Non-communicable Diseases and HIV Research update

Dates: 29th October 2011

The following is a selection of some of the meaningful comments made by the peer educators. Please note that in some cases we have quoted verbatim as written by peer educators.

What did you enjoy most about the following components of the workshop?

HIV/AIDS Updates

- The new information we received about microbicides & PREP as preventative measures
- New developments in this field give us all hope that one day a cure will be found
- ARV's can now be taken when the CD 4 count is 350

Non - Communicable Diseases

- Learning that our choices affect our lifestyle
- There are 7 diseases you can reduce the risk of by doing only a few things
- The importance of exercise and healthy eating

Board Games / Medicals

- Finding out our current health status
- The board games served to refresh our knowledge as well as add to our knowledge
- Learning was made fun
- The whole training was empowering and equipping us with valid information. And the trainers could also relate, which made it easy for us to understand and talk freely. Terms used were simple and understandable.

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Individual Feedback

Was the workshop meaningful to you as a peer educator?

- It is so meaningful - it is not boring because it was about our daily life issues
- Yes - I strongly saw the purpose and the usefulness of all topics covered

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- Yes it was - learning about non communicable disease in depth; I have been asking myself the cause of these diseases and how do I prevent them; these have been answered
- Excellent
- It was so perfect
- Yes - we learnt a lot about ARV treatment and research on HIV/aids
- Yes - I have learnt that HIV/aids can be manageable & controllable

What did you enjoy most about the workshop?

- The fact that there is prevention for the infection; it gives hope to the people and the coming generation
- Games and tests; knowing more about my health
- Everybody is free to talk especially our facilitators; they are so friendly which makes it easier for us to communicate
- The way the trainers convey the subjects its simple and understandable, with their own experiences thrown in which loosen the tension and makes people free to share
- I enjoy mostly about my health and how to reduce your diet in terms of eating.
- That it was an interactive workshop and that all the facilitators allowed everyone to participate and ask clarifying questions
- Updates, internationally that are showing progress towards the cure for HIV/aids
- Being more educated about a healthy lifestyle

Was there anything in the workshop that you did not like or did not find helpful?

- No

Any other issues you would like covered?

- Cancer
- Learn to differentiate between different types of diabetes
- More research about after effects of ARV's More info on TB, depression and suicides in youth
- Issues of religion on HIV
- Way forward and how we plan to have this programme next year
- These ladies must always come and tell us more!

Any other comments?

- It was a wonderful day that I'll never forget; because each and everyday we gain something
- Would like this programme to continue specifically with ed unique aids
- I would like to congratulate the organizers of the workshop on a job well done

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- If only the peer educators could be as free as the trainers and learn to adopt our slogan: be the change you want to see in the world! Keep up the good work management and stella
- We need to update every time on HIV / aids
- The comment that I have is that the popularity and need of peer educators is very good because my mindset is broad

Was the scope of issues covered adequate given the time available? 4.79 (out of 5)

To what extent were your questions well answered? 4.50 (out of 5)

Do you feel that the session was time well spent? 4.55 (out of 5)

Have you gained new insight into the above social problems? 4.63 (out of 5)